

POST-OPERATIVE WOUND CARE INSTRUCTIONS

Keep the initial dressing/bandaid in place and dry for 24 hours.

Change the dressing once a day using the following method:

1. Wash your hands before and after changing the dressing.
2. Wash the affected area with hydrogen peroxide or soap and water by gently dabbing with cotton balls or gauze.
3. Dry the area with a cotton ball or gauze.
4. Apply white petroleum jelly to the affected area, unless otherwise specified.
5. Cover with a bandaid or gauze.

You may shower or bathe with the old bandage/dressing on after the first 24 hours. Remove it after bathing and change it for the day, as described above. Continue to cover the site continuously with a bandage for a week to ten days or until sutures, if any, are removed. Failure to keep wound covered can increase risk of increased scarring and/or infection.

If the wound starts to bleed, apply continuous pressure to the area for 15 minutes. Do not check to see if the bleeding has stopped for at least 15 minutes.

For pain or discomfort, use Tylenol. Do not use any aspirin, Anacin, Bufferin, Excedrin or aspirin-containing products which may cause bleeding. Do not take Ibuprofen (Advil, Motrin, etc.).

No alcohol for 48 hours post-operatively.

If you have any questions or problems, please call the office.

If you have any questions, please call the office at:
781-762-5858 • 508-520-3387 • 508-543-5102